



Corinthian Sailing Club

Junior Sailing Class



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Essential Gear:

- **Life jacket** (designed for dinghy sailing, appropriate size for your sailor, he/she should be able to move comfortably in it, available at Academy Sports, REI, Mariner Sails (11110 N. Stemmons FWY, 972-241-1498), West Marine, and Vela Sailing Supply (Rockwall)). Mail order at www.intensitysails.com or www.velasailingsupply.com
- **Safety Whistle** (plastic whistle tied to life jacket)
- **Sunglasses** (with an athletic strap, such as a Croakie)
- **Water bottle (A MUST!!!!)**
- **Hat/Sunscreen** (Apply generous amount before arrival; stick sunscreen is recommended for the face and around the eyes - eyes irritated by smeared or dripping sunblock does not make for a happy sailor.)
- **Shoes** (closed toe shoes, preferably boat shoes with non-scuffing soles, designed to be non-slip when wet, tennis shoes are fine, but they will get wet, no flip-flops or slides please. Keene-style sandals work fine.)
- **Daily Lunch** (Refrigerators available in the club house)
- **Sailing Gloves** (recommended, but not necessary)
- **Change of Clothes and Towel**

Rules and Procedures:

- Write your name and phone number on all personal articles.
- Daily class sessions will be from 9:00 am to 2:00 pm or 3:00pm to 6:00Pm Drop your child off no earlier than 30 minutes to the start of class. Please pick your child up promptly at the conclusion of each day outside the south gates.
- You should have received a gate code when you joined the club, please use it. We will be locking the gates during the day. If you don't have your personal gate code, contact George Szaboky (it@cscsailing.org) to request one.
- Life jackets must be worn at all times while on CSC docks, except when inside the CSC Clubhouse.
- Proper footwear must be worn at all times, no exceptions.
- No Swimming is allowed in the Lake by City Ordinance. While you will capsize and be in the water till you pull yourself back into your boat, no intentional swimming is allowed.
- No, video games, or other such toys or electronic equipment should be brought to the class. If your child brings a cell phone to class please have the ringer turned off and put it in a waterproof bag (a Ziploc bag works fine) it is not allowed on a boat. Cell phone usage will be limited to lunch break.
- No Running, Pushing, Horseplay or Inappropriate Language.
- No Glass Containers; No Gum, No Pocket Knives.
- Sleeveless shirts are discouraged; cool, t-shirts which provide some sun protection are recommended
- Lightweight shorts designed to dry quickly are recommended. (Your child will get wet.)
- ***Lastly, we expect that all students will exhibit respect for the Coaches, the other students, and club members who are present at CSC during the classes. Failure by a student to abide by the instructions of any of the Coaches, use of inappropriate language, or engaging in other inappropriate behavior, will be referred by the Coaches to the Sailing Education Commodore, who will take up the matter with the student's parents. CSC reserves the right to expel any student who fails to follow the coaches' instructions, is disruptive, uses inappropriate language, or engages in other inappropriate behavior. We are here to sail and have fun; however, inappropriate behavior or disrespect for the coaches, fellow sailors or club property will not be tolerated.***