

# Corinthian Sailing Club Junior Sailing Camp Covid-19 Guidelines 2020

The commodore and members of the board of directors of the Corinthian Sailing Club and the White Rock Boat Club, the two sailing clubs on White Rock Lake, have coordinated to develop these proposed rules to permit modified sailboat racing. These proposed rules were developed with our current understandings of the risks of COVID-19 in outdoor settings and various documents and orders, including the following: the state of Texas's "Minimum Standard Health Protocols, Checklist for Outdoor Sports Participants" revised May 5, 2020, the "Minimum Standard Health Protocols, Checklist for All Individuals" revised May 5, 2020, and Governor Abbott's May 6 2020 Executive Order to Expand Opening of Certain Businesses and Activities. They were also developed with the safety of our members and the community in mind.

## 1. Camp Structure

- a. Reduced capacity enrollment.
- b. Each camper will be assigned a specific boat for the duration of the camp.
- c. Two person boats can only be sailed by siblings. Boat will be assigned for the duration of camp.
- d. Each US Sailing certified coach will be assigned only 3 or 4 campers for the duration of the camp.
- e. Each coach will have a designated area where their campers will meet for the duration of camp for off the water activities (onshore instruction, lunch, etc.) and maintain all social distancing requirements.
- f. Each coach will be assigned to a CSC Safety Boat for on the water coaching for the duration of the camp.
- g. Each coach will be assigned one assistant coach for the duration of the camp.
- h. Hand sanitizer will be located at entries to facility and designated areas within the CSC facility.
- i. Masks will be worn by all coaches and campers while using the CSC facility. Acceptable face masks include manufactured masks, homemade masks, scarves, bandanas, or handkerchiefs.

## 2. Coaches

- a. Facility Access
  - i. Coaches must use hand sanitizer located inside gate upon entry of the facility.
  - ii. Each coach's temperature will be taken with a no contact thermometer. Any coach with a temperature greater than or equal to 100.0 degrees Fahrenheit, or known to have been in contact with a person who is lab confirmed to have COVID-19.1 will be told not to come to the club until they are symptom-free for at least 3 days.
- b. Junior Building Access
  - i. A designated coach will unlock the Junior building and secure the doors open for the day.
  - ii. Campers will access the Junior Building at designated times to retrieve assigned equipment.
- c. Coaches will disinfect their designated areas of the CSC facility at the start of each camp day, including the restrooms.
- d. Coaches will disinfect their assigned CSC Safety Boat at the start of each camp day.
- e. Coaches will assist their campers at the end of each class with disinfecting their assigned boats.

## 3. Campers

- a. South entry will be open 30 minutes prior to schedule start time & monitor by designated coaches.
- b. Campers must use hand sanitizer located inside gate upon entry of the facility.
- c. Each camper's temperature will be taken with a no contact thermometer. Any camper with a temperature with a temperature greater than or equal to 100.0 degrees Fahrenheit, or known to have been in contact with a person who is lab confirmed to have COVID-19.2 will be told not to come to the club until they are symptom-free for at least 3 days.
- d. Campers must provide their own mask, lunch, water bottle, sunscreen, PFD (personal floatation device). Acceptable face masks include manufactured masks, homemade masks, scarves, bandanas, or handkerchiefs.

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<sup>1</sup> List from state of Texas's "Minimum Standard Health Protocols, Checklist for Outdoor Sports Participants" revised May 5, 2020.

<sup>2</sup> List from state of Texas's "Minimum Standard Health Protocols, Checklist for Outdoor Sports Participants" revised May 5, 2020.

- e. Campers must always observe social distancing while in the CSC facility.

#### **4. On the Water**

- a. Coaches
  - i. Coaches will operate the safety boat. The assistant coach will be position in the bow area of the safety boat approximately 6' from boat operator<sup>3</sup>.
  - ii. Coaches will provide on the water instruction of campers from the safety boat.
- b. Campers
  - i. Campers will maintain a minimum 6' between boats.
  - ii. Campers will follow instruction from coaches.

#### **5. Off the Water**

- a. Coaches and their designated campers will remain in their designated areas when not on the water except for individual restroom breaks or when leaving the facility.
- b. Water bottle refills for campers will be provided by their designated coach.
  - i. Coach will use disposal gloves when filling a camper's water bottle from water dispenser.
  - ii. Coach will wipe the camper's water bottle before handing the water bottle back the camper
- c. Any time that a coach must touch a camper, such as first aid or applying sunscreen, the coach must wear disposal gloves.
- d. Each camper will be given materials such as a line to practicing knot tying. Campers will keep the line in their possession for the duration of the camp.

These rules will be emailed out to members, coaches and campers, posted at the club and on the club's website.

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<sup>3</sup> We believed this is consistent with the Governor Abbott's May 6 2020 Executive Order to Expand Opening of Certain Businesses and Activities, which states that the "executive order does not prohibit people from accessing essential or reopened services or engaging in essential daily activities, such as going to...lakes..., so long as the necessary precautions are maintained to reduce the transmission of COVID-19 and to minimize in-person contact with people who are not in the same household."